



# EXCHANGE

EXCHANGE CLUB OF KIAWAH-SEABROOK, SC

Box PMB-J 130 Gardener's Circle Johns Island, SC 29455

## Member Meeting 04-03-2024 @Seabrook Island Club

Chris Stephenson (standing in for Ray and for Thad) called the meeting to order at 6:27PM and opened with prayer.

Chris honored South Carolina fallen hero Marine Lance Cpl Christopher Fowlkes and led members in the Pledge of Allegiance. *See Bio attached*

Chris recognized guests

- Tom Kroll hosting Milum Livesay
- Bruce Ludwin hosting Rod MacDonald
- Jack Wilson hosting George Fink

*Attendance count/details is attached*

Chris welcomed new members:

- Tim Barnard and Ambrose Dittloff

Chris made the following announcements:

- Long time resident of Seabrook Island and former member of the Kiawah Seabrook exchange club - Douglas K. Hurd, died on March 23, 2024.
- Angel Oak Award Banquet on May 15. Register on website or use the QR code on the table this evening (attached)
- The sales phase of the Handbook is complete including 170 ads worth \$132,000. Hope to have the Handbooks published and distributed by end of May. Thank you to Bob Schick for leading the sales team.
- There will not be a meeting on April 17 because Seabrook Club cannot accommodate us on that date.
- Next meeting is May 1<sup>st</sup> and is our annual education night led by Ed Leary.

After dinner (7:27PM) Bob Mason introduced the evening's speaker, Dr Nick Milano of MUSC Neurology and Alzheimer's research department. He presentation generated many questions during and after. Alzheimer's is a cognitive impairment and those who have it will develop dementia. But not everyone with dementia has Alzheimer's. High levels of cortisol in the body are bad for memory. Hearing impairment and lack of exercise are risk factors. Amyloid PET scan has recently been covered by Medicare. Amyloid is a protein.

Meeting Adjourned at 8:16PM

### Next Meeting:

5/1/24 @Seabrook Island Club

Speaker: Ed Leary / Annual Education Night

### Addendums:

Attendance

Fallen Hero

Speaker Bio

Minutes submitted 4/9/24 by Lisa McDonald, Club Secretary

**ATTENDANCE**

Attending?	Member	Attending?	Guests
Yes	Victor Agusta	Yes	Carol Agusta - ?
Yes	Alan Armstrong		
Yes	Bill Bane		
Yes	Phyllis Barber		
No	Tim Barnard		
No	Dave Berry		
Yes	Renee Black		
Yes	Herb Boehm - Added		
Yes	Rich Boss		
No	Kevin Boyle		
Yes	Ed Brett		
Yes	Cathy Cleary		
Yes	Wes Cleary		
Yes	David Cruse		
Yes	Bob Davis	Yes	Cynthia Davis - Invoice
Yes	Carmine Degennaro		
Yes	Art Dougherty		
Yes	Bob Driscoll		
Yes	Jim Dwyer		
Yes	Frank Farfone		
Yes	Dick Fleming		
No	Dianna Forsythe		
No	Joe Foti		
Yes	Derek Fyfe		
Yes	Dennis Giannos		
Yes	Richard Gwyn		
Yes	Stephen Haines	Yes	Leslie Haines - Paid
Yes	Edward Heskamp		
No	Bill Huff		
No	Maurice Isaac		
Yes	Tom Kroll	Yes	Milum Livesay - Prospect
Yes	Julie Lanzone		
Yes	Scott Lee		
Yes	Bob Leggett		
Yes	Bruce Ludwin	Yes	Rod MacDonald-Prospect
Yes	Alan Madison		
Yes	Bob Mason	Yes Yes	Sherrie Mason - Invoice Nick Milano - Speaker
Yes	Lisa McDonald		
Yes	Rick McDonald		
Yes	Jay Miller		
No	Michael Morris		
Yes	Bill Nelson		
Yes	Maureen Oberg - Paid		
Yes	Steve Penkhus		
Yes	Russ Preston		
Yes	Robert Quagliato		
Yes	Sam Reed		

Attending?	Member	Attending?	Guests
Yes	John Reock		
Yes	Charles Riehl		
Yes	Ed Rigrup		
Yes	Shirley Salvo		
Yes	Nancy Schibler		
Yes	Bob Schick	Yes	Shelley Schick - Paid
Yes	Bob Schmidt		
Yes	John Sesody		
Yes	Walter Sewell	Yes	Karen Sewell - Paid
Yes	John Smock		
Yes	Robert Speziale		
Yes	Roger Steel	Yes Yes	Bob LeFevre - Paid Vivian Steel - Paid
Yes	Chris Stephenson		
Yes	Marj Stephenson		
Yes	Joe Thompson		
Yes	Bruce Van Voorhis		
Yes	Tom Webster		
Yes	Michelle Almeyda Wiedemuth	?	Anthony Wiedemuth
Yes	Jack Wilson	Yes	George Fink – Prospect
Yes	John Woychick		
Yes	Mary Wyeth - Added		

66 + 2 Added = 68

13 - 1 = 12 Guests

68 - 8 = 60

60 Members

12 Guests

72 Total in attendance

68 to 74 Dinner Count Commitment to the Seabrook Club

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## TRIBUTE TO SC FALLEN HERO

Good evening fellow club members and guests.

Tonight, we're paying tribute to \*Marine Lance Corporal Christopher S. Fowlkes.

"He gave laughter in situations that were really difficult to find humor." "He gave friendship to those who needed a friend." That's how Rev. David Kite described him.

Lance Cpl. Christopher S. Fowlkes enlisted in the Marine Corps after his 2007 graduation from Gaffney High School, in Gaffney, South Carolina. He enlisted because he felt this country was good to him. He wanted to give back to the fellow Americans that gave their lives serving this country. He wanted to return that favor to them by being a United States Marine. He was assigned to 2nd Light Armored Reconnaissance Battalion, 2nd Marine Division, II Marine Expeditionary Force, Marine Corps Base, Camp Lejeune, N.C.

On September 3, 2009, Lance Corporal Fowlkes was in Helmand Province, Afghanistan supporting Operation Enduring Freedom when he and four other Marines were in a vehicle that was fired on by enemy troops. The five left the vehicle to return fire when one stepped on an improvised explosive device. Two of the Marines were killed instantly. Fowlkes was transferred to a military hospital in Germany, where his parents flew in to be with their son. But on September 10, 2009, Marine Lance Corporal Christopher S. Fowlkes died from his injuries. He was 20 years old.

\*The body of Lance Cpl. Christopher S. Fowlkes was flown to Greenville Spartanburg airport aboard a small charter jet. Members of the military, the Patriot Guard and Fowlkes' family met the plane at the airport, and then began a procession to a funeral home in Gaffney, SC.

An account from an eyewitness to the procession had this to say, "I just happened to be driving south towards Greenville, when I noticed the procession heading towards me. It was amazing. There had to be over a hundred law enforcement vehicles alone, and many others followed. I wanted to pull over to the shoulder and say a prayer and offer my gratitude to this man for whom I am forever indebted.

I noticed the cars on either side of me wanting to stop as well. So that is when we made a unanimous unspoken decision to do what is right. The five cars surrounding me, as well as myself slow to a stop with headlights on, and waited for the procession to pass. Me, with tears in my eyes!! This man gave his life for ME. My freedoms, and did not even know me. He gave his life for everyone of us, regardless of our beliefs concerning this war! He is my hero!!

As an indication of our respect for Marine Lance Corporal Christopher S. Fowlkes and others who gave their lives for our country, the club \*places US flags around our community several times a year. Each flag has a yellow ribbon attached with the name of a fallen hero.

Marine Lance Corporal Christopher S. Fowlkes, we salute you and your sacrifice on our behalf.

Please stand as you are able and join me in reciting the pledge of allegiance.

## SPEAKER BIO

Associate Professor  
Medical University of South Carolina  
College of Medicine  
Neurology Department



Dr. Milano is an associate professor of neurology at the Medical University of South Carolina (MUSC). He is the director of the division of behavioral neurology and the newly formed South Carolina Alzheimer's Network (SCAN). The majority of his time at MUSC has been focused on education and until recently he was the program director of the adult neurology residency program. He continues to serve as the co-director of the combined psychiatry and neurology residency program. More recently, Dr. Milano has shifted his focus to designing a multi-site clinical program (SCAN) to ensure patients with cognitive impairment receive an early and accurate diagnosis along with a comprehensive care plan co-managed by primary care.

### Education

Fellowship at University of Florida

Residency at Cleveland Clinic

Internship at Medical University of South Carolina Medical Center

Medical School at Ohio State University College of Medicine

## Angel Oak Banquet Registration and Donation Process



Use your phone to access this QR Code. It will take you to the Exchange Club Registration page. As a Member, you can sign in with your Username and Passcode and click on Login.

A NEW USER will need to enter their email address and click Register.

That will take you to the Angel Oak Registration form.

The boxes there are self-explanatory. We added a section at the bottom of the form to allow for Donations or Sponsorships in any amount you wish, as shown here:

Please consider making a contribution to the Foundation which will support the Exchange Club Grant program. The Foundation is a 501c3 entity and all gifts are fully tax deductible.

Foundation Donation  
\$ (enter amount)